



Garlic and Herb Butter Broccoli

Yield: 4 servings
Serving size: ½ cup

Ingredients

2 Tablespoons	Butter
1 Tablespoon	Water
1 head	Broccoli, cut into florets
1 teaspoon	Garlic powder
1 teaspoon	Italian seasoning
½ teaspoon	Kosher salt
¼ teaspoon	Black pepper

Equipment

- Chef knife
- Cutting board
- Microwave-safe bowl
- Lid or paper towel
- Wooden spoon or spatula

Method

1. Place butter, water, and vegetables in a microwave-safe bowl.
2. Add garlic, Italian seasoning, salt, and pepper.
3. Cover loosely with a lid or a damp paper towel.
4. Cook on high in the microwave for 3 minutes, check for desired doneness.
5. Continue cooking in 1-minute intervals until vegetables reach desired texture.
6. Stir well before serving to evenly coat vegetables with seasoning.

Helpful Tips

- Make this recipe your own by switching up the spices